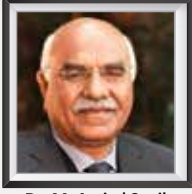




Prof. Dr. Rashid Ch. (Late)
Founder Fountain House
1963-2000



Prof. Dr. Haroon Rashid Ch. (Late)
Executive Director
Fountain House 2000-2010



Dr. M. Amjad Saqib
Honorary Executive Director
Chairman Management Committee



Justice (R) Nasira Javed Iqbal
President
Lahore Mental Health Association



Ghias-ud-Din
General Secretary
Member Management Committee Pakistan Psychiatric Research Centre



Dr. Afzal Javed
Chairman



Dr. Feriha N. Peracha
Vice President
Lahore Mental Health Association



Saleem Ahmad Ranjha
Vice President
Lahore Mental Health Association



Dr. Kamran Shams
Chairman HR Committee
Member Management Committee



Humayoun Ehsan
Vice President
Lahore Mental Health Association



Dr. Umair Rashid Ch.
Secretary Finance
Member Management Committee



Shahid H. Sheikh
Vice President
Lahore Mental Health Association



Dr. Shahid A. Zia
Secretary Public Relations
Lahore Mental Health Association



Dr. S. Imran Murtaza
Medical Superintendent
Fountain House

NEWS LETTER

FH - March 2024

اے مصور!! تجھے استاد میں مانوں
درد بھی کھینچ، میری تصویر کے ساتھ

Fountain House

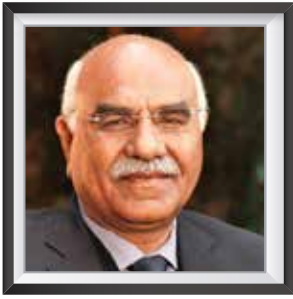
Lahore - Ferooqabad - Sargodha

Fountain House (Institute for Mental Health) is the largest charitable organization for the management and rehabilitation of the patients suffering from psycho-social, intellectual disorders and mental illnesses in Pakistan. Fountain House runs under the umbrella of Lahore Mental Health Association (LMHA), an NGO established in 1963. It was registered under the voluntary Social Welfare Agencies (Registration and Control) Ordinance, 1961 (XLVI of 1961).

Prof. Dr. Rashid Chaudhry (SI) and his companions started the project for the rehabilitation of the patients (members) with schizophrenia after getting the inspiration from Fountain House, New York. For the first three years it was supported by Fountain House New York. After this initial period of the 3 years Fountain House started growing professionally with the help of community and professionals independently. Now it was not only for the schizophrenics rather all kind of psycho-social disorders were taken care of in Pakistan.

Fountain House has further extended its services for the treatment of with substance use disorders; day school programs for the education and training of children with intellectual disabilities; psycho-socio-economic support program for Transgenders (Khwajasiras) and long term care/compassion homes for disadvantaged women specially with intellectual impairment and cognitive disorders having no one to take care of them. After Lahore, Fountain House management has established centers in Ferooqabad and Sargodha, now committed to establish Fountain Houses in every big city of Punjab and then Pakistan. Establishment of Fountain House Faisalabad & Multan is around the corner. This all has been possible due to great support of volunteers, philanthropists and the dedicated team of Fountain House, making it the best institute for mental health, accessible for the community of Pakistan.

<https://www.fountainhouse.com.pk>



Dr. M. Amjad Saqib
 Honorary Executive Director
 Chairman Management Committee
 Lahore Mental Health Association

Lahore Mental Health Association (Fountain House) conveys a steadfast commitment to destigmatizing mental health, fostering empathy, and promoting a culture of understanding and support. Emphasizing the importance of collective responsibility, he underscores the Association's dedication to creating a society where mental well-being is prioritized and accessible to all. The Chairman advocates for open dialogue, progressive policies, and innovative approaches to address the multifaceted challenges associated with mental health, fostering a community that embraces diversity, inclusion, and compassion. With a vision of a world where mental health is treated with the same gravity as physical health, the Chairman inspires action, urging individuals and institutions alike to join hands in building a more empathetic and resilient society.



Dr. Izhar-ul-Haq Hashmi
 Member Management Committee
 Editor's Note

In this edition of newsletter, I appreciate the incredible work being done by our dedicated team and supporters for making Fountain House the largest charitable treatment and psycho-social rehabilitation center of Pakistan. As the world grapples with unprecedented challenges, Fountain House remains unwavering in the mission to provide hope and healing to those in need. In the spirit of resilience and unity, we share inspiring stories of individuals who have overcome adversity, and we invite you to join us in fostering a compassionate community that promotes mental and intellectual well-being for all. Together, we can continue to break down stigma and create a brighter future for those affected by mental health issues. Thank you for being a vital part of this inspiring journey.

Inside this News Letter Issue

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Indoor Treatment Services

- Total bed capacity 700
- Acute treatment- a two weeks to one month intensive care of treatment
- Sub-acute treatment -a three months to 6 months intervention for step down care of members (patients)
- Longterm -one year and above treatment & management for longterm care of members (patients)
- Psychological therapeutic interventions
- Group therapy sessions with token economy
- Cognitive behaviour therapy based Individual sessions
- Free medicines facility for the deservings
- Discounted medicines facility for all
- Medical, psychiatric & psychological assessments/review
- State of the art boarding & lodging, laundry, A/C & heater facilities
- Dining facility
- Home follow up
- Team of professionals, (psychiatrists, medical officer, Clinical psychologist)
- Morning Assembly



Number of patient (DEC 2023 – March 2024)

Male	Female	Total	Group Sessions	Individual Sessions	No. of Meals Served
3740	2593	6333	1123	2621	210,150



Members Iftar Dinner



Medical Check-Up



Individual psychological session



Activity in Group Therapy Session

Out-Patient Services

Fountain House provides free out patient clinic in all its branches at Lahore, Farooqbad and Sargodha

- 06 days free clinic weekly
- Qualified & professional team
- State of the art OPD protocols & procedures
- Discounted medicines for all out patients
- Free medicines for deserving out patients
- Counseling sessions for out patients
- Family counseling/psycho-social education
- Online counseling session for the person in need
- Follow up calls & visits



OPD attendance (DEC 2023 – March 2024)

Male	Female	Transgender (Khawajasira)	Childrens	Total
5844	3556	456	621	10477



Inauguration of Newly Renovated OPD



Newly Renovated Reception



Medical checkup



Newly Renovated OPD

Allied Therapies

- Art & drama therapy
- Calligraphy unit
- Agro based therapy
- Occupational therapy units
- Vocational therapy unit
- Reading therapy
- Religious & spiritual therapy
- Sports therapy
- Music therapy
- Speech therapy
- Yoga & morning exercise
- Physiotherapy



Allied therapeutic activities beneficiaries (Dec 2023 – March 2024)

Male
1023

Female
438

Total
1461



Small steps, big victories (Sports Therapy)



Dr. Amjad Saqib, Azhar Hameed Participating in Music Therapy



Art speaks where word are unable to explain (Art Therapy)



Member (Patient) Celebrating Their Winning after Sports Festival

Institute for Disadvantaged Children (IDC)

- Day school
- Inclusive education program (IEP)
- Out reach program (ORP)
- Individual educational plan
- School for intellectually challenged children & adolescent (age 05 to 16 years)
- Physical & psychological assessments
- Speech therapy
- Psychotherapy
- Psychological interventions
- Occupational therapy
- Dietitian & nutritional plans
- Family counseling sessions
- Home based management plans
- Pick & drop facility

*All facilities are free of cost



I.D.C's facilities attendance (DEC 2023 – March 2024)

Projects	Day School	ORP	IEP
IDC Lahore	258	35	29

Projects	Day School	ORP	IEP
IDC Sargodha	37	0	15



Community awareness program



Occupational activities at day school



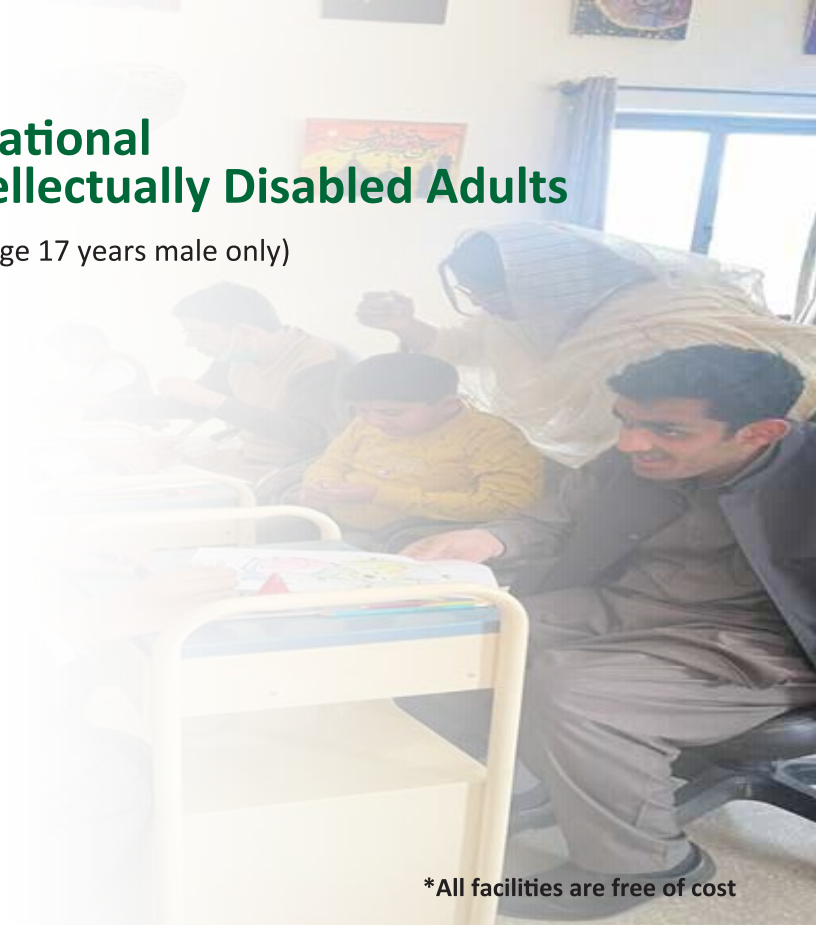
Fun Day (IDC Sargodha)



Tableau in Community Awareness Program

Haroon Rashid Chaudhry Vocational Rehabilitation Center For Intellectually Disabled Adults

- School for intellectually challenged adult (above age 17 years male only)
- Day school facility
- Individual educational plans
- Personal skills development trainings/sessions
- Professional skills development trainings/sessions
- Physical & psychological assessments
- Speech therapy
- Psychological interventions
- Occupational and vocational sessions
- Dietitian & nutrition plans
- Family counselling sessions
- Job placements
- Home based management plans
- Pick & drop facility
- Lunch facility



*All facilities are free of cost

H.R.V.R.C's facilities attendance (DEC 2023 – March 2024)

Projects	Day School	Job Placement	Skill Development
HRVRC Lahore	129	8	102

Projects	Day School	Job Placement	Skill Development
HRVRC Sargodha	41	1	15



Sports Day at GC University



Personal skills development



Down syndrome day celebration



Dr. Sharik Ali UAE Conducting Chiropractor Therapy in FH

Prof. Rashid Chaudhary Drug Rehabilitation Center

With a proven track record of success in addiction rehabilitation, PRCDC, a 100 bedded indoor facility, delivers comprehensive and result oriented addiction and substance use disorder treatment in a supportive environment. A new addition is the family training program in group setting that helps the family recover and reclaim their loved one while understanding the disease of addiction as well as the do's and don't s of rehabilitation.

- Qualified and experienced professionals
- Detoxification and Rehabilitation management
- Alcoholics anonymous 12 steps program
- Motivational enhancement therapy
- Cognitive behavioral therapy (CBT) for Addiction
- Individual and group counseling sessions
- Interventions for denial management and insight building
- Planned daily scheduled activities

Admissions (DEC 2023 – March 2024)

Admissions | 189



State of the art boarding & lodging facility



Twelve Step NA Peer Support Group Work



Training Sessions by Addiction (SUD) Treatment Specialist



Physio Therapy Session

Child Assessment & Treatment Centers

https://drive.google.com/file/d/1ATZQr_Q31Y93WF-cieR07vfmMhImClKpw/view?usp=drive_link

● Locations

- Child Autism Assessment Center (CAAC), Zaidi House, Lahore
- Child Assessment & Treatment Center (CATC), Hamid Mukkaram Baig Block, Lahore

Assessment, treatment, training & rehabilitation of;

- Neurodevelopmental Disorders
 - Intellectual disabilities
 - Communication disorder (speech & language pathologies)
 - Autism spectrum disorder
 - Specific learning disorders
 - Attention-deficit/hyperactivity disorder
 - Motor disorders
- Down syndrome & cerebral palsy
- Obsessive-compulsive and related disorders
- Trauma- and stressor-related disorders
- Somatic symptom and related disorders
- Feeding and eating disorders
- Elimination disorders
- Other neurotic & psychotic disorders

Facilities available;

- IQ & diagnostic assessment and management
- Individual sessions
- Family counseling sessions
- Parents psycho-education group session
- Speech & language therapy
- Sensory & occupational therapy
- Physiotherapy
- Dietitian & nutrition plans
- School mental health awareness & training sessions
- Volunteer internship & observership
- Monthly camps



Child Assessment and Treatment Center's facilities (DEC 2023 – March 2024)

Projects	Total
CATC Lahore	1529
CAAC (ZH) Lahore	2187



Psychological Assessment Session (CATC)



Child Assessment CATC in FH Lahore



Monthly Camp in Zaidi House



Monthly Camp with A.P. Dr. Shoaib Malik (Mayo Hospital)

Compassion Homes Farooqabad

A dedicated long term care houses for adult women with intellectual & multiple disabilities with no one to take care of them.

- Currently 03 homes with 75 beds capacity with one house mother in each home
- Quality care and safe residential facilities
- Psychiatric & physical consultancy & treatment
- Rehabilitation facility
- Occupational trainings
- Vocational trainings
- Skills development trainings
- Sports activities (Indoor & Outdoor)
- Recreational activities



Compassion Homes Admissions (DEC 2023 – March 2024)

Description	Total
Females	72
Occupancy	100%



Iftar Dinner



State of the art long term care homes



Mr. Azhar Hameed (USA) being presented Welcome Flowers



Recreational activity (Agro Therapy)

FH - Akhuwat Khawajasira Support Project

This project is for the support of deserving transgender (khawajasiras) of 50 years and above

On monthly bases one full day program which includes the following:

- Free physical assessment & medical consultancy
- Free psychological assessment
- Free medicines & lab tests
- Free specialized lab investigations (hepatitis b & c, HIV & syphilis etc)
- Training programs with job placement of trained transgender (khawajasiras) monthly events
- Financial assistance (pocket money) of pkr. 1,500/- per month to registered transgender (khawajasiras)
- Referral to skill development trainings
- Free clothes and ration bags o festivals and eids
- On campus (fountain house) employment, around 10 transgender (khawajasiras)

Khawajasiras Availed Following Facilities (DEC 2023 – March 2024)

Total Registered K.S	Free Medical Services	Monthly Stipend	Employed	Program Attendees
1381	615	3,844,500	12	2849



Transgender (khawajasiras) awareness lecture in LUMS



Khawajasira Group Photo with Dr. Amjad Sqib in FH



Transgender (khawajasiras) recreational activity

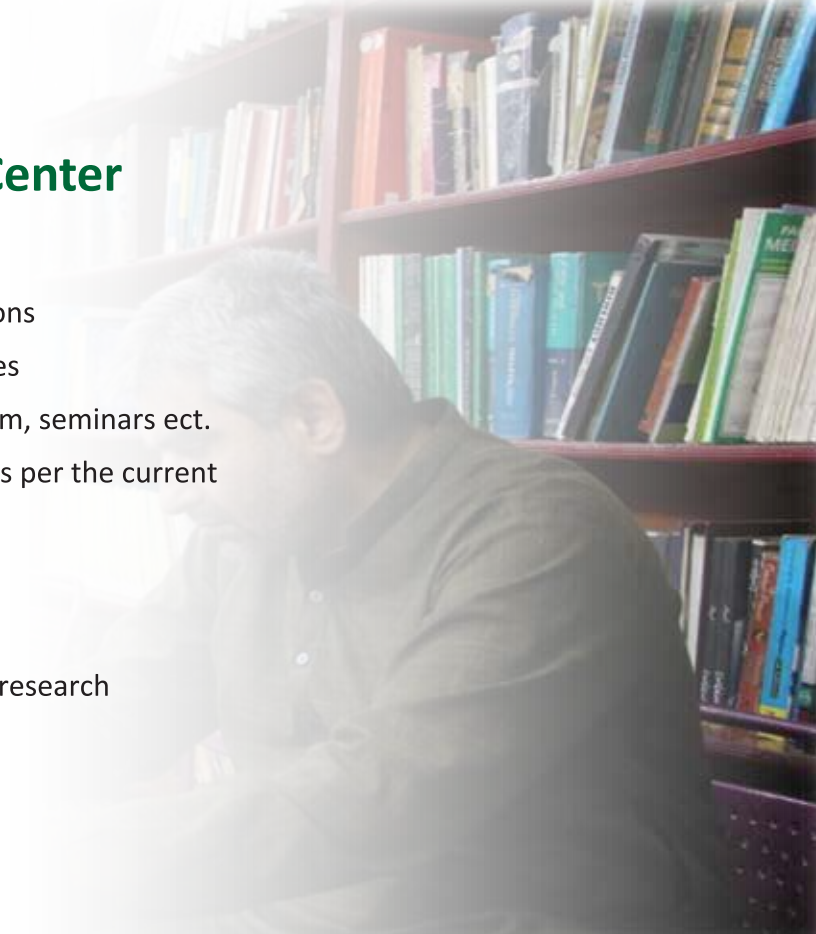


Dera Visit

Pakistan Psychiatric Research Center

<https://pprcpakistan.org.pk>

- National & international researches and publications
- Continuous professional development programmes
- National and International conferences, symposium, seminars ect.
- Development of clinical manuals and operations as per the current practices in the world.
- Staff capacity building
- Mental health awareness programmes
- National & International collaborations regarding research
- Conferences in collaborate WPA, WAPR, AFPA etc



During Case Conference Child Psychiatrist Prof. Dr. Sadiq Naveed (UK)

On Going Researches
● A Qualitative study of patients carers and clinician view on the experience of caring for individual with psychosis in Pakistan
● Psychosis reach culturally adapted family intervention Pakistan
● Anti depressant prescription patterns and clinical correlates within psychiatry treatment setting in ASIA
● Tool development for psychosis (WPA/CINP Top Study)
● RCT of a poverty alleviation program for persons with mental health problems

International Research Collaborative Projects



International Conference under the topic "Saving the mental health sufferers: Indegenious Perspective"



Seminar on Post-Partum Depression

Free Medical & Psychiatric Camps

- “Reaching the Unreached” Free Camps in remote areas where medical facilities are scarcely available (Gajan Singh , DG Khan, Rahim Yar Khan, Rajanpur, Nowshehra, Pabbi, Sumandari etc.)
- Free consultation & medicines for all in medical camps
- Flat Discount of 10% on all medicines for all (FH pharmacy)
- Free medicines for deserving (Zakat pharmacy)
- Home delivery facility (FH pharmacy)

FH Pharmacy (DEC 2023 – March 2024)			
Facility	No. of Beneficiaries	Amount (PKR.)	Amount (USD)
Medicines	20,948	18,610,368/-	66,466 USD
Medical Camps 28	1,634	1,960,588/-	7,002/- USD
Total	28,499	23,516,441/-	103,814 USD
OPD & IPD	10,000+	3,592,756/-	12,831 USD



Medical Camp in Zaidi House



Medical Camp Khawajasira Support Program



Medical & psychiatric camp



Medical Camp at KSP Township

Social Evenings & Festivals

- Monthly social evenings
- Eid & Christmas Festivals
- Annual Fish Festivals
- Spring Sports Festival
- Exhibitions
- Season's Fruit Festival
- Family Celebrations
- Recreational Tours
- New Year Celebrations
- Election Campaign
- Birth Day Celebration

Sufi Night Sponsored by: Azhar Hameed (USA)

Members Participants

800+

Guest Participants

500+

Total Participants

1300



Election Day 2024 in FH



A Glimpse of Monthly Social Evening



L to R: Dr. Izhar Hashmi, Azhar Hameed, Dr. Amjad Saqib, Mr. Ateed Riaz, Dr. Shahid A. Zia participating in Sufi Night



Sufi Night Sponsored by: Azhar Hameed (USA)



Fountain House Volunteer Internship Programmes

https://drive.google.com/file/d/1fjFUBCcup6tVGFSQOM1pHwfNv1oym40E/view?usp=drive_link

- Placement of psychology & other students for practical exposure under supervision of trained staff
- Case studies
- Clinical Placements
- Study tours / project orientation and briefings to large group of students from different universities / colleges



FH VIP's Facilities (DEC 2023 – March 2024)

Case Studies	Short Term Internship	Long Term Internship	Total
127	233	88	448

Study Tours / Project briefing (DEC 2023 – March 2024)

Individuals, Student/Professional Groups/Corporate Sector etc. 388



Orientation of Volunteer Group



Dr. S. Imran Murtaza Group Photo with volunteers



Batch Feed back to Volunteer Internship Program



Aeysha I. Murtaza Address to Volunteers

Partnership with Patient and Carers in the Treatment of Mental Health Disorders

https://drive.google.com/file/d/1JJSI5s90UJxDwWr45ISmCLBgoA6atqui/view?usp=drive_link

- Monthly talk and discussion of a mental health expert (from all over the world) with the families and carers of the patients (members) on different mental disorders and related issues
- Q/A sessions for the family and carers to support them understand and learn to cope with the illness of their dear ones
- As a support group, the families and the carers facing common issues share what's troubling them through the sharing of experiences, they're able to offer support, encouragement, and comfort to the other group members, and receive the same in return

Speakers	No. of Participants (Patients, Families & Carers)
Prof. Dr. Usman Amin Hotiana	70
Dr. Muhammad Haris Burki	65
Prof. Dr. Amina Muzzam	80
Prof. Dr. Amjad Tufail	68



Speakers: Dr. Shahid A. Zia, Dr. Usman A. Hotiana, Dr. Afzal Javed



Session with Dr. M. Haris Burki



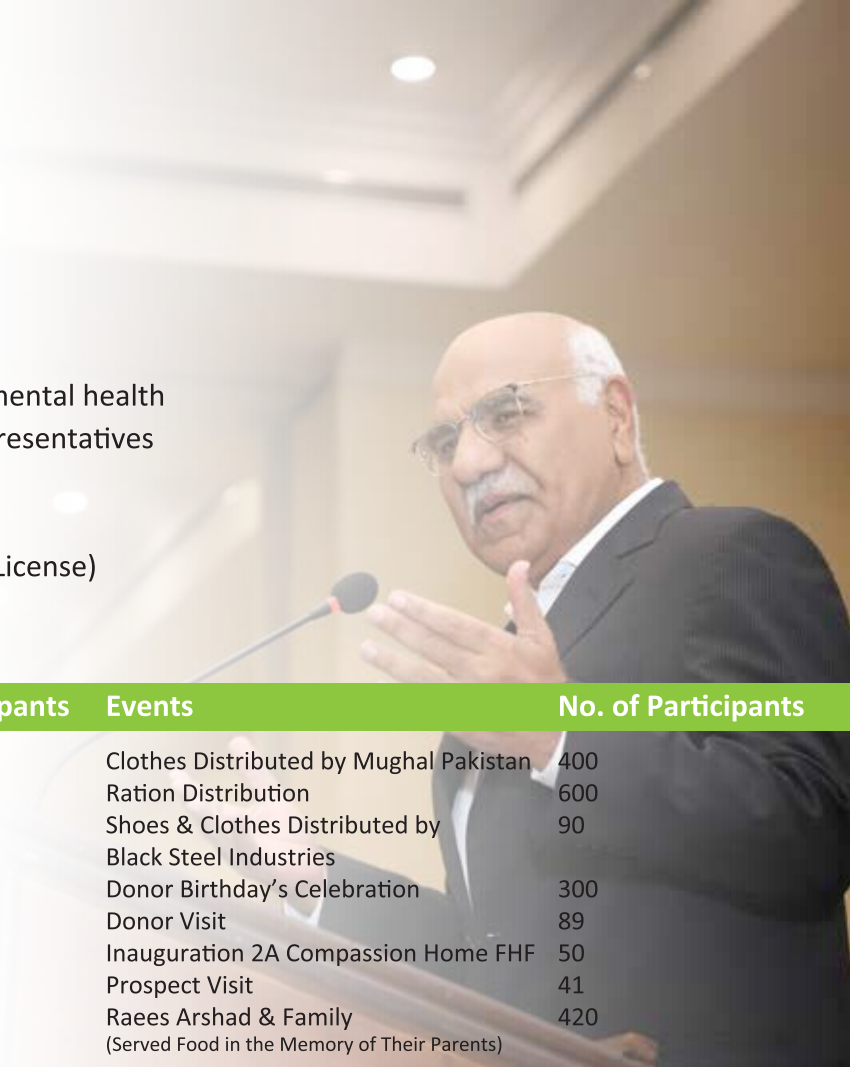
Group photo with Prof. Dr. Amna Muzzam



Group Photo with Prof. Dr. Usman A. Hotiana after the Session

Resource Mobilization

- Fundraising Campaigns
- Donor Events
- Inaugural Events
- Student Ambassador
- Corporate Engagement activities for cause of mental health
- Awareness programmes through all media representatives
- TUV Austria 9001:2015 Certified
- PCP (Pakistan Center for Philanthropist)
- PHC (Punjab Health Care Commission Regular License)
- Tax Exemption Certificates
- External Audity by: Grant Thornton



Events	No. of Participants	Events	No. of Participants
Fish Farms Festival FH Farooqbad	900	Clothes Distributed by Mughal Pakistan	400
Iftar Dinner	800	Ration Distribution	600
Outpatient Department Inauguration	50	Shoes & Clothes Distributed by Black Steel Industries	90
Child Assessment & Treatment Center	30	Donor Birthday's Celebration	300
Sufi Night	175	Donor Visit	89
Lions Club Sponsored Event	70	Inauguration 2A Compassion Home FHF	50
Expo Center Exhibition	700	Prospect Visit	41
Iftar by Qarshi Industries	700	Raes Arshad & Family	420
Clothes Distributed by Maria B Cares	80	(Served Food in the Memory of Their Parents)	



Iftar Dinner 2024



Annual Fish Festival 2024



Mrs. Tehmina Majeed Inaugurate Newly Renovate OPD FH LHR



Mrs. Parvez Akahtar Inaugurate CATC

Creating Partners from Community (Memorandum of understanding)

- Green International University Signed MOU's with Fountain House for Student Internship Program
- Beaconhouse National University Signed MOU's with Fountain House for their Bachelor's Student Internship Program
- Lahore College for Women University Signed MOU's with Fountain House for their Bachelors & Masters Student Internship Program
- Bahria University Signed MOU's with Fountain House for their Bachelors Student Internship Program
- Riphah International University Signed MOU's with Fountain House for their Bachelors Student Internship Program



MOU Sign with Beaconhouse University



MOU Sign with The Green International University



MOU Sign with LCWU



Riphah International University

Delegates



Air Cmdre Khalid Chishti (R) Visit FH



Dr. Sumbul Meraj (APPNA President St.Louis USA 2023)



Prof. Waqar Azeem (Qatar) & his Son visit FH



Civil Judges KPK Visit FH



Dr. Afzal Javed & Dr. Amjad Saqib Visit FH



Muhammad Ashraf Khan (UK) Visit FH



Mr. Azhar Hameed (USA) Vist FH



Dr. Sadiq Naveed (UK) One Day Volunteer in CATC



Dr. Sharik Ali chiropractor Visit FH



Mr. & Mrs. Awais Shafique (USA) Visit FH

New Initiatives

- Compassion Home Fountain House Farooqabad “2A”
- Fountain House Outpatient Department Renovate
- Sensory Room in Child Assessment & Treatment Center

Upcoming Projects

Fountain House Female Block Sargodha

Fountain House Faisalabad

Fountain House Sargodha Mosque

Fountain House Multan

Fountain House Karachi



Ch. Shams Ud Din and Hameedan Inaugurate Compassion Home 2A



Renovate OPD building in Fountain House Lahore



Sensory Room Established in CATC



Inauguration A2 Farooqabad

Mental Health and Emotional Wellbeing Program

We're excited to unveil our Well-Being Program, meticulously crafted to cultivate resilience and mental wellness within our communities. Designed by Ms. Sh Fatyma, an esteemed interdisciplinary designer and distinguished alumna of the Pakistan Institute of Fashion and Design, this initiative integrates holistic healing practices into an inclusive curriculum, offering therapeutic art and design modalities to enhance physical, mental, and emotional well-being.

The program aims to:

- **Stigma Reduction:** Raising awareness and fostering acceptance of mental health challenges through open dialogue.
- **Empowerment and Self-Efficacy:** Cultivating self-belief and enthusiasm for personal growth and resilience.
- **Creativity and Skill Development:** Facilitating healing and self-discovery through creative therapeutic strategies.
- **Cognitive Enhancements:** Strengthening problem-solving skills and mind clarity for navigating life's complexities.
- **Social Support and Connection:** Building an inclusive community where individuals feel valued and connected.
- **Transition to Life Goals:** Providing guidance and support to navigate vocational journeys, fostering hope for the future.
- We believe our Well-Being Program offers a transformative approach to community wellness. We're eager to embark on this journey with our valued members.

Admissions (DEC 2023 – March 2024)

Male	Female	Total
55	35	90



Let the magic of art breathe new life into you



When life gives you sorrow , make art



With art every day is chance to dream



Sheikh Fatyma Consultant Program Training Session

Awareness Programs



with Mrs. Sadia Rashid President Hamdard



Zafar Abbas Founder JDC



Syed Shahabuddin, Dr. S. Imran Murtaza Presented FH souvenir to Faisal Edhi



VC Beacon House Presents Souvenir to FH



Vice Chancellor GCU, Dr Salma Hassan presenting souvenir to FH team



One Day Conference at MAO College



Model Town Women Community Club



GCU Law Department



Dr. Rafique Dar University of Lahore



56 Media Programs Conducted

Fountain House Executive Members



Maj. Mir Bashir Ahmad (Retd.)
Executive Member

S M Ashfaq
Executive Member

Syed Ihsan Ullah
Executive Member

Chaudhary Ikram Ullah
Executive Member

M.M Khan
Executive Member

M. Ahsan Rana
Executive Member

M. Azam khan
Executive Member

Dr. Usman Rasheed Ch
Executive Member

Prof. Dr. Nazifa Usman
Executive Member

Fountain House Medical Team



Dr. S. Imran Murtaza
Medical Superintendent

Brig. Dr. Sultan M. Abid (RETD.)
DMS

Dr. Nomees Naveed Malik
AMS

Prof. Dr. Altaf Qadir Khan
Honorary Consultant

Dr M Afzaal Khan
Honorary Consultant

Dr. Amjad Chodhary
Honorary Consultant

Lt.Col. Doctor Nabeela Yousaf (RETD.)
Hon. Consultant Dermatology



Dr. Asif Anwar
Consultant Psychiatrist



Dr. Parveen Ilyas
Consultant Psychiatrist



Dr. Saimon Aftab
Sr. Medical Officer



Dr. Shahid Imran
Sr. Medical Officer



Dr. Tehseen Meerza
Medical Officer



Dr. Sher M. Rana
Medical Officer



Dr. Hafiz M Umer khan
Medical Officer



Dr. Imtiaz Ali
Medical Officer



Dr. Marium Arif
Medical Officer



Dr. Javeria Inam
Medical Officer



Dr. Shazia Aslam
Hon. Consultant Dermatology



Dr. Saima
V. Consultant Psychiatrist



Dr. Ashfaq H. Butt
V. Consultant Psychiatrist



Dr. Waseem
V. Consultant Psychiatrist

Fountain House Head of Departments



Aeysha Imran Murtaza
Director HR & RMD

AbuBakr Siddique
Consultant Marketing

Tariq Subhan
CFO

Nadeem Noor
Deputy Director PRCDCR

Zareen Amin
Administrator Female Block

Muhammad Ashraf
Administrator AKH-FH KSP

Rehmeena Iqbal
Manager Rehab Services

M. Hamza Salim
Manager HR



Mudasir Ali
Manager Marketing



Ali Abdullah
Administrator Educational Wings



Haris Mehmood
Manager M.I.S



Farzana Razi
Principal IDC



Tullu Mahmood
Academic Incharge HRVRC



khadija Fatima
School principal, FHS



Amjad Naeem
Incharge Allied Therapy Unit



Fahad Ishfaq
Manager Monitoring



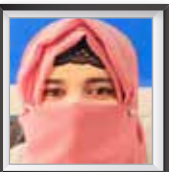
Faryad Hussain
Admin Incharge



Sadia Hussain
Incharge CAC & CAC



Saman Safdar
Incharge Internship Dept.



Madiha Taj
Incharge Research Dept.



Dr. Tayyaba Awais
Pharmacist



Tasbeeha Ali
Clinical Dietician



Sarfaraz Sajid
Incharge Paramedics Staff



Ch. Ghulam Dastigeer
Media Coordinator



Saeed Bohar
Administrator FHF



Muhammad Khaliq
Admin Officer FHS



کچھ نیکیاں ایسی بھی ہونی چاہیے
جن کا اللہ کے سوا کوئی گواہ نہ ہو

FOUNTAIN HOUSE LAHORE

FOUNTAIN HOUSE SARGODHA

FOUNTAIN HOUSE FAROOQABAD



ITS'S TIME TO

DONATE

FOR ZAKAT

Title Fountain House Zakat Fund
37-Lower Mall, Lahore
Bank Muslim Commercial Bank
1317-Session Court Branch 42
Lower Mall, Lahore
Account No. 0131701010006143
IBAN No. PK79MUCB0131701010006143
Swift: MUCBPKKA

FOR DONATION

Title Fountain House
37-Lower Mall, Lahore
Bank Muslim Commercial Bank
1317-Session Court Branch 42
Lower Mall, Lahore
Account No. 0131702010055315
IBAN No. PK29MUCB0131702010055315
Swift: MUCBPKKA

Head Office: 37-Lower Mall, Near Session Court, Lahore.
Tel: 042-37110798-9, 37352803-5
Email: rmd@fountainhouse.com, info@fountainhouse.com.pk
Online Visit: www.fountainhouse.com.pk

Note:
Kindly send receipt
when you deposit
Zakat/Donation
in Fountain House accounts
directly/online

 **0333-0425 168**